

# Activities of Advanced Nursing Practice in Mental Health Care

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# Disclosure presenter



✓	No (potential) conflict of interests	
✗	1. Relations that could be relevant for the meeting	
✗	2. Sponsorship or research funds	
✗	3. Payment or other (financial) remuneration	
✗	4. Shareholder	
✗	5. Other relation	

# Agenda

- Introduction
- Discussion and Aim
- Methodology
- Results and Examples
- Conclusion

# Introduction



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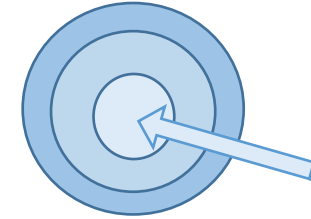
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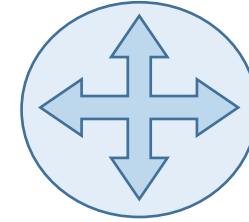
# What is Mental Health Care?

Discussion



## Aim

- What is the understanding of mental health care?
- What are the fields of action from APNs in Mental Health Care?



# Methodology

Define the fields of action in mental health care

*Fields of action for Advanced Practice Nurses (APNs) in Mental Health Care are determined by means of brainstorming and rating through the experts.*

- 1. Discussion:** In the panel of experts about possible ANP fields of action in MHC.
- 2. Selection:** The expert wrote independently the two most important ANP fields of action in MHC from the discussion.
- 3. Focusing:** The experts carried out a numerical rating of the selected ANP action fields in MHC.

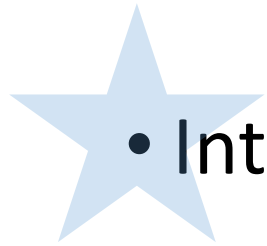
# Results

ANP fields of action in Mental Health Care

- ★ Intensive Care (IC)
- ★ Chronic Diseases (CD)
- ★ Geriatric Psychiatry delirium superimposed on dementia (DSD)
- ★ Family members (FM)

# Examples

Outcomes



- Intensive Care (IC)



- Geriatric Psychiatry delirium superimposed on dementia (DSD)



# 1<sup>st</sup> Example

## Definition in Intensive Care

Intensive Care in the field of action ANP MHC

Psychiatric intensive care includes individual interventions which are offered to persons in an exceptional psychological situation.

These interventions are/provide:

- relationship-based and therapeutically effective or
- safety-based, controlling and protective environment
- Central aspects in intensive care are: the direct proximity to the patient and the time structure

Rabenschlag, F.; Heuer, A.; Hoffmann, S.; Ullmann, P.; Lienhardt Wick, A.; Zehnder, U.; Fischer, S.; Schmid, M.; Emmenegger, T. (2018) Intensivbetreuung erwachsener Menschen in psychiatrischer Behandlung: Richtlinien, Hrsg: Akademische Fachgesellschaft Psychiatrie VFP, NPfP, Bern



# Effects in Intensive Care

ANP MHC Intensive Care Action Field

Psychiatric intensive care is experienced by patients and nurses positively as well as negatively (Ashaye et al., 1997; Cardell & Pitula, 1999; Fletcher, 1999; Neilson & Brennan, 2001).

- Patients may evoke feelings of anger, anxiety and distress, but there are also feelings of safety, well-being and respect
- Nurses can experience intensive care as positive but there are also feelings of stress and frustration because of the constant presence required and because of the high level of responsibility involved (Ashaye et al., 1997, Özcan et al. 2015, Hagen et al., 2017).

The approach of the professionals seems to have an influence of the patients experience of intensive care (Cardell & Pitula, 1999).

Rabenschlag, F.; Heuer, A.; Hoffmann, S.; Ullmann, P.; Lienhardt Wick, A.; Zehnder, U.; Fischer, S.; Schmid, M.; Emmenegger, T. (2018) Intensivbetreuung erwachsener Menschen in psychiatrischer Behandlung: Richtlinien, Hrsg: Akademische Fachgesellschaft Psychiatrie VFP, NPfP, Bern



# Aim in Intensive Care

Field of action ANP MHC IC

- Prevention of suicides in psychiatric crisis
- Reduction of the frequency or severity of self-injuries
- Avoiding or reduction of compulsory treatment
- Sustainable development of a therapeutic relationship
- De-escalation, early and dignified treatment of for example aggressive patients

Wick, A. (2015) Praxis der psychiatrischen Intensivbetreuung in der Deutschschweiz: Eine quantitativ deskriptive Querschnittstudie, In: Praxisnah – Abstract 2015 Master of Science in Pflege, Bern

# Rationales for the need of Advanced Practice Nurses in Intensive Care

ANP MHC IC Action Field

## Examples

Intensive care at psychiatric disease and phenomena

- depression and suicidal ideation
- Personality disorder and self injury
- Schizophrenia and causing danger to others
- Adjustment disorder in a psycho-social crisis and suicidal ideation

APNs are able to recognize supply gaps in the field of intensive care (Evaluation).

APNs are able to implement the newest results in the field of intensive care (evidence based practice).

APNs carry out the complex care and treatment in the field of action of the highly vulnerable, mentally ill population and take the responsibility for this (ANP Practice).

## 2<sup>nd</sup> Example

# Delirium superimposed on dementia

## Geriatric Psychiatry

ANP MHC DD Action Field

### Definition Delirium

- Acute confusional state
- Disturbance in attention and awareness
- Disorganisation of behavior
- Changes in arousal
- Subtypes: hyperactive, hypoactive or mixed

(DSM-5, 2013)

# Effects Delirium superimposed on Dementia

## Geriatric Psychiatry

ANP MHC DD Action Field

- **Longer stay in hospital**  
(O'Keeffe & Lavan, 1997)
- **More complication during the hospitalisation**  
(Marcantonio et al 2005)
- **Raised mortality**  
(McCusker, Cole, Abrahamowicz, Primeau & Belzile, 2002)
- **Permanent deterioration of cognitive abilities**  
(Francis & Kapoor, 1992)
- **Higher treatment costs**  
(Inouye, 2006)

(cited in Hasemann, 2017)

# Aim Delirium superimposed on Dementia

## Geriatric Psychiatry

ANP MHC DD Action Field

- Improvement of the acute and life-threatening condition
- To diagnose «delirium» promptly and correctly
- Reduction of the hospital treatment
- Prevention or reduction of complications
- Use resources purposefully through target-oriented care and treatment.

# Rationales for the need of Advanced Practice Nurses in Delirium superimposed on Dementia – Geriatric Psychiatry

ANP MHC DSD Action Field

- Specific assessments
- Prevention of delirium
- Advanced Nursing Process
- Coaching
- Ethical decision-making
- Clinical Leadership
- Working with caregivers or family members

APNs are able to recognize supply gaps in the field of Geriatric Psychiatry (Evaluation).





APNs are able to implement the latest evidence based results in the field of Geriatric Psychiatry (evidence based practice).

APNs carry out the complex care and treatment in the field of action of the highly vulnerable, mentally ill elderly people and take the responsibility for this (ANP Practice).



# Conclusion

- The scope of practice in mental health care in the context of advanced nursing practice in the german speaking countries is illustrate by two examples.
- In future we will describe the other fields of action in mental health care and try to implement the APNs in practice in the german speaking countries.

-  Intensiv Care (IC)
-  Chronic Diseases (CD)
-  Geriatric Psychiatry delirium superimposed on dementia (DSD)
-  Family members (FM)

Yes, we can!



# Thank you for attention and listening!

## Are there some questions?

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[www.cciieg.ch](http://www.cciieg.ch)

Yes, we can!

# Literature

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