Disclosure presenter

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<tr>
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<th>No (potential) conflict of interests</th>
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A presentation of the role of the advanced geriatric nurses in Norway

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Overview

• Introduction
  – The need for advanced geriatric nurses
• Methods
  – In-depth interviews
• Findings
  – Not one single role, but a role that varies…
  – A new way of seeing
• Conclusion
  – Ability to prevent deterioration of diseases
Introduction

• Municipal care of older adults is becoming increasingly complex
• Nurses in municipal care often have insufficient knowledge 1, 2
• Lack of sufficient qualifications may lead to inadequate patient treatment, rehospitalisation or early nursing home admission 2, 3

Role theory

Role can be defined as the actions, characteristics, values, rights and obligations of a person or position \(^1\), \(^2\)

The advanced geriatric nurses

• Inspired by the role of Nurse Practitioners
• Expected to have expertise in the following areas
  – Direct clinical practice
  – Guidance and coaching of patients and relatives
  – Consultation
  – Evidence-based practice
  – Leadership
  – Collaboration
  – Ethical decision-making
• No formal regulation of the role
Methods

• Descriptive, exploratory design
• In-depth interviews with the advanced geriatric nurses (n = 21) in 2016
• Content analysis
## Characteristics of the participants

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<tbody>
<tr>
<td><strong>Gender</strong></td>
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<tr>
<td>Female</td>
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<tr>
<td>Male</td>
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</tr>
<tr>
<td><strong>Age</strong></td>
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<tr>
<td>30-50 years</td>
<td>13</td>
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<tr>
<td>&gt;50 years</td>
<td>8</td>
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<td><strong>Years practicing as a nurse</strong></td>
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<tr>
<td>&lt;10 years</td>
<td>4</td>
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<tr>
<td>10-19 years</td>
<td>9</td>
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<tr>
<td>20-29 years</td>
<td>3</td>
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<tr>
<td>30-39 years</td>
<td>5</td>
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Findings

“I discuss patients with the unit that allocates services to home care patients: “What services does this person need, is the follow-up enough, do you think he needs something more?” Often, the physiotherapist comes to me to discuss a patient. I also discuss with physicians and professional development leaders in home care. It’s very much about consultations with regard to clinical assessments and decisions”

(No. 12)
Findings

“I’m very a clinically oriented nurse, and I haven’t much desire to work too much with projects with all that must be documented and registered. […] but] I understand and believe that research and development work are absolutely a part of the role”

(No. 20)
Findings

• A new gaze
  – Knowledge
  – Systematic clinical assessment skills
  – Experience
  – Professional interest

Photo: Colourbox
Findings

“What is the role of an AGN? I think that it’s closely related to a new gaze on the patient and family; it’s related to a position based on the knowledge of the normal ageing process and diseases of old age. That one has knowledge that doesn’t necessarily exist within today’s healthcare system. In a way, to be the one that also functions as ambassadors for older people. To really see them and act with confidence based on my knowledge. I also think that the role relates to nurses. It builds identity and a sense of responsibility, and maybe cohesion and pride”

(No. 3)
Findings

“You see things that could potentially be unfortunate and you’re able to take action. Perhaps others wouldn’t discover it in the same systematic way, but [...] more randomly. So, it is about “reading” situations and finding appropriate measures that are useful”

(No. 16)
Findings

“I have exactly the same position now as I had before, but I use [my new knowledge and skills], and I spend the time it takes. I have my own nurse bag containing my assessment tools and equipment and if I feel there is a need to do a heart-lung examination, well, then I do it!”

(No. 19)
Conclusion

• The role of the advanced geriatric nurses differed among them

• The ability to prevent deterioration of diseases

Photo: Colourbox
The role of advanced geriatric nurses in Norway: A descriptive exploratory study

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Background: Care of older adults in the community is becoming increasingly complex. However, nursing staff often has insufficient knowledge and skills to adequately address the needs of frail older adults. There is therefore a need for nurses with advanced qualifications. To meet this need, advanced geriatric nursing has been introduced in Norway.

Aims and Objectives: This study aimed to describe the experiences of nurses with their new role as advanced geriatric nurses in care of older adults and to determine what strategies the nurses considered important in the development of their new role.

Design: This study applied a descriptive, exploratory design.