

MAASSTAD ZIEKENHUIS

een santeon ziekenhuis



A rheumatology patientpanel

The patient is the expert, we are the specialists

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disclosures

- none

Rheumatology-Maasstad Hospital

- General hospital for top-clinical care
- Biggest rheumatology clinic in the region
- Multidisciplinary team
- Shared decision about best treatment



Value Based Health Care

- Optimize the current Healthcare system

$$\text{Patient Value} = \frac{\text{Health Outcomes}}{\text{Cost}}$$

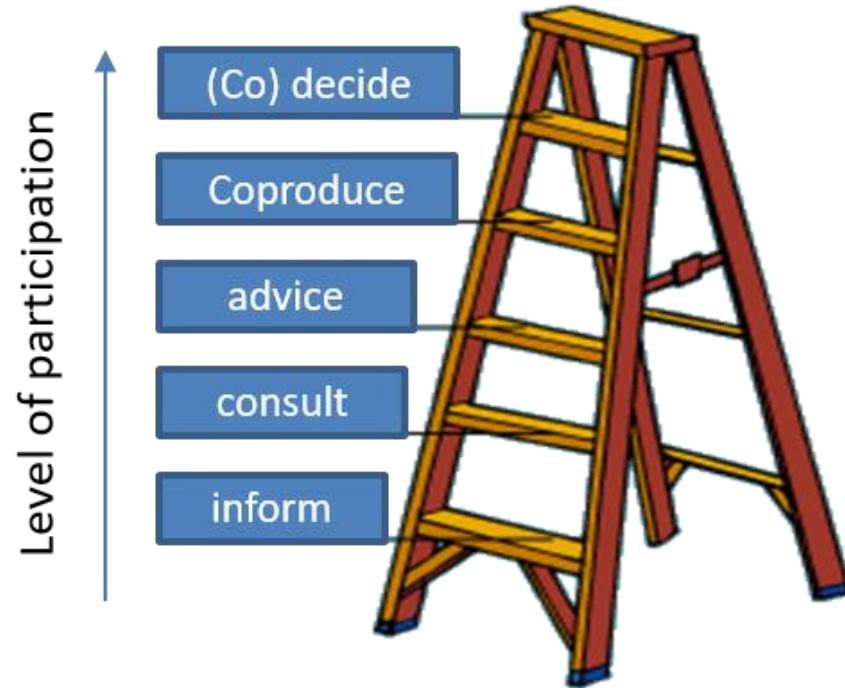
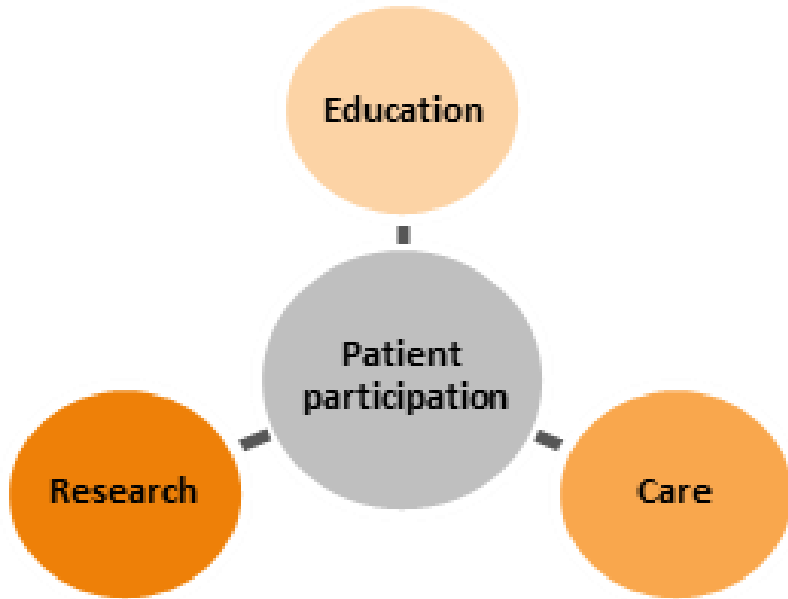
- Measure the value for patients: ask them



The patient is the expert, we are the specialists

- Cooperation
- Participation
- Co design new Healthcare strategies

Patient participation



How to create a panel

- Staff members asked to nominate patients
- On going process: patients ask patients

Patient Information Form signed

Disclosures



Our panel

Patients (N)	61
Gender (% male)	17
Ages (YRS)	51 (20-77)
Disease duration (YRS)	9 (0-30)



Patient meetings and subjects:

- Goals and Value for patients
- Evaluate a PROMs measurement tool
- Development and evaluation of a patientportal
- Changing to biosimilar medication

Focus groups on value and goals

- Questions:
 - Which outcomes are important to you?
 - Start phase/ chronic phase
 - What do you need?
 - How do you find that the value of care can best be measured?

What is value for a patient?

- Can you give it a number like on a VAS?
- Is it a feeling, satisfaction, being taken seriously, being able to make decisions
- Able to function (in social life)

Items with value for patients

- Pain
- Communication with healthcare providers
- Need for information
- Satisfaction



Conclusion

- Co-creating innovations along research
- Connect changes to patient perception
- Involving patients as an expert

I'm happy to do something in return for the good care I receive

I want to promote participation in scientific research, it brought me so much

Nurses role:

- Tomorrow: 28th aug 16:00 at Ruys Zaal
- Shared decision making in practice and needs of rheumatic patients on nursing support

Thank you

