

The Advanced Nurse Practitioner Mental Health in Forensic Psychiatry

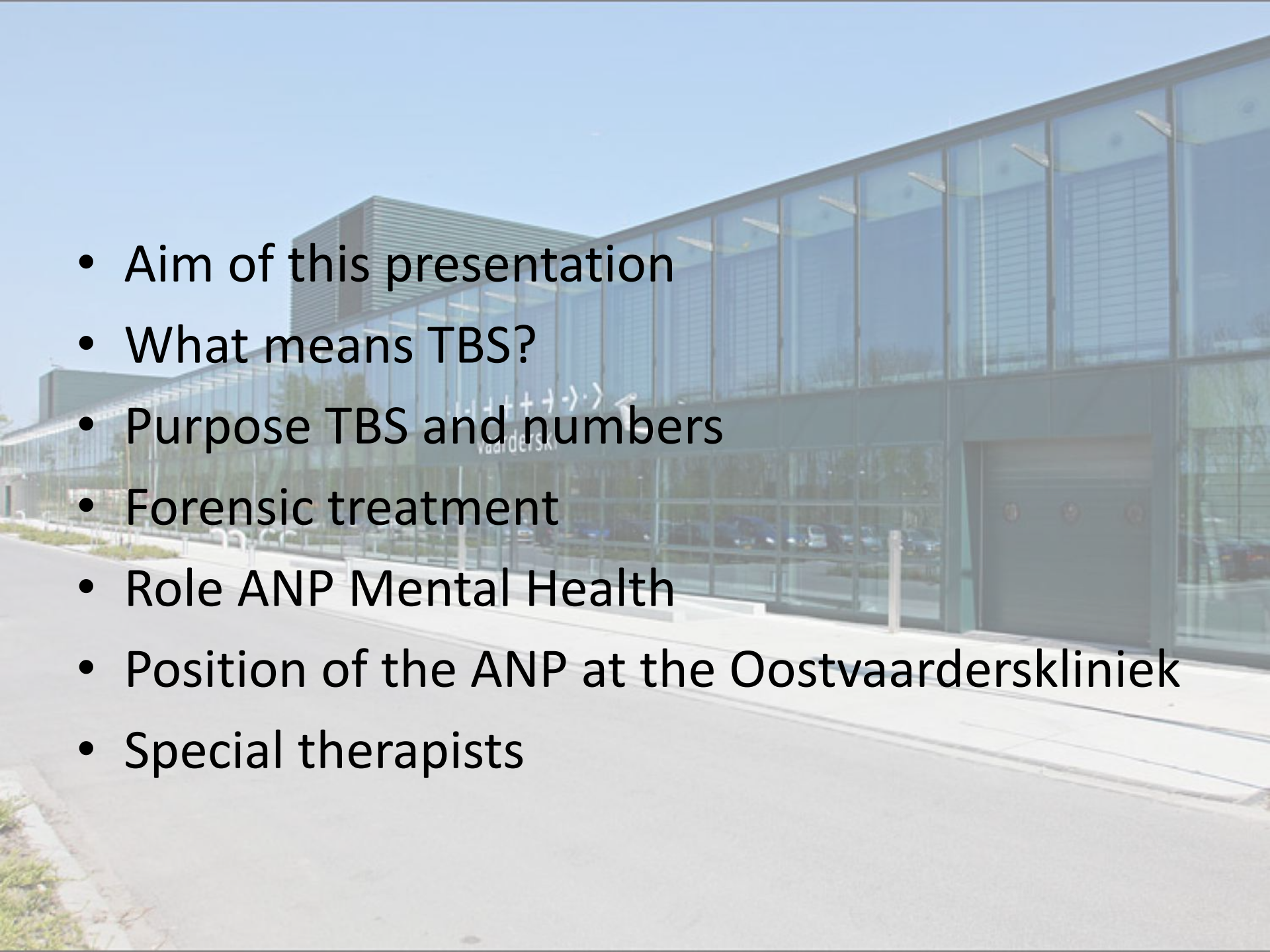
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Disclosure presenter



✗	No (potential) conflict of interests	
✗	1. Relations that could be relevant for the meeting	None
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- Aim of this presentation
 - What means TBS?
 - Purpose TBS and numbers
 - Forensic treatment
 - Role ANP Mental Health
 - Position of the ANP at the Oostvaarderskliniek
 - Special therapists

Aim of this presentation

- Aim of this presentation is to give international recognition to the role of het ANP Mental Health in Forensic Psychiatry in the Netherlands.

What means TBS?

- TBS means “terbeschikkingstelling”. It’s a judicial measure in the Dutch penal system. The court will impose this measure if there is:
 - - a serious offense (punishable by four years in prison or longer)
 - - a psychiatric disorder or an intellectual disability
 - - high risk of recidivism
- If so, after imprisonment, there will be compulsory treatment in a forensic psychiatric clinic

Purpose TBS and numbers

- Purpose of the treatment is a safe return to society.
- Number of TBS patients in the Netherlands: 1374 (2016).
- F.P.C. De Oostvaarderskliniek had 164 patients in treatment in 2016.
- The average treatment duration is 7,5 years.

Forensic treatment

- The Risk Management Model is used as a treatment framework.
- Primarily aimed at preventing new offenses.
- 5 risk groups:
 1. antisocial personality complex
 2. substance use/addiction
 3. criminogenic sexual cognitions
 4. pedofiles
 5. psychiatric illness/delusions

Role ANP Mental Health at De Oostvaarderskliniek

- Patient related tasks:
- Prescribe medication under supervision psychiatrist
- Medication monitoring
- Request and interpretation of lab requests
- Write a treatment plan from the psychiatry division
- Consultation with patients on the unit
- Contact with patient in crisis
- Focus on comorbidity of somatic and psychiatric problems (including metabolic syndrome)
- If necessary, call in other disciplines
- Participation as a co-worker in multidisciplinary consultation
- Implement relevant results from scientific research in practice

Role ANP Mental Health at De Oostvaarderskliniek

- Personnel related tasks:
- Develop and give training (already training medication)
- Clinical lessons at the units on various topics, such as psychopathology
- Coaching on how to deal with psychiatric symptoms on patients
- Encouraging and motivating disciplines to contribute to and optimize the care around the patient
- Consultation
- Transferring knowledge and skills in daily work situations

Situation of the ANP at De Oostvaarderskliniek.

- F.P.C. De Oostvaarderskliniek is a governmental institution with a high level of security and high (complex) care.
- At this moment there is one ANP and one ANP in training.
- The ANP is not yet an official profession within the Ministry of Justice.
- Hopefully that at the end of this year the Ministry of Justice decides that the ANP is an official profession.

